

## XOA8XR52 - Food Allergens and Awareness

### Food Allergens and Awareness Level 2

Food Allergens and Awareness courses will teach you the skills necessary to identify food allergens, including what an allergen is and which foods contain them. These courses are aimed at people who work in the catering industry where food is prepared and served or if a family member has allergens and you want to know more about them. They will also increase your employability skills if you are looking at a career in catering.

Each course is delivered through one 2 hour session per week and typically last 4 weeks.

This course is free to eligible learners. Please see the 'Further Information' section below.

### Course aim

- a) To gain a Level 2 qualification in Food Allergens and Awareness.
- b) To gain knowledge and skills necessary be able to identify food allergens.

### Course Outcomes

- a) To be able to explain what a food allergen is.
- b) To know which foods contain allergens.
- c) To be able to prepare food safely.

### How will the course be taught?

Food Allergen Awareness courses can be taught online via Google Classroom.

### Could I gain a certificate?

You will work towards a level 2 qualification.

### What do I need to bring / have ready?

You will need a laptop, PC or tablet and a stable internet connection. We recommend that you have paper, a pencil, a pen and a notepad during the session. You will need to provide photographic I.D to take the exam.

### Further support and progression

If you need help whilst on a course with us, our Learner Support Advisor is available to discuss your needs. We offer a range of services, subject to eligibility, which can include practical support and/or financial assistance to ensure you feel fully supported while learning with us. For more information contact [alsreferrals@northnorthants.gov.uk](mailto:alsreferrals@northnorthants.gov.uk) or call 01604 368023 (answerphone available). Visit our website [www.northamptonshire.gov.uk/course-info](http://www.northamptonshire.gov.uk/course-info) for further information about our fees and concessions. Your tutor will inform you of further learning opportunities and progression during your course.

### Health and Safety / Online safety

Your tutor will give you information about Health and Safety on the first session. For information on how to keep safe online, go to [https://safety.loveto know.com/Internet\\_Safety\\_Adult](https://safety.loveto know.com/Internet_Safety_Adult) and <https://takefive-stopfraud.org.uk/> national awareness campaign. To report suspected scams, or for information on preventing scams, call the Citizens Advice on 03454 04 05 06.

### Further Information

Employability courses are free for learners that are unemployed and in receipt of Jobseekers Allowance, Employment Support Allowance or Universal Credit. Or if you are employed and earn below £17,374.50 per year. Learners who earn over that amount are still welcome to attend the course, but will be expected to make a financial contribution for each unit which you can pay as you go. For more information please email [AdultLearning@northamptonshire.gov.uk](mailto:AdultLearning@northamptonshire.gov.uk)

**Northamptonshire Adult Learning Service work in partnership with National Careers Service advisers who can provide information, advice and guidance on skills, learning and work. National Careers Service can be contacted by telephone 0800 100 900 or text your name and the word ADVICE to 07766 413219 and an adviser will call you back for free or go to <https://nationalcareersservice.direct.gov.uk/>**