

# Adult Learning - Course Information Sheet



## XOA8XR48 - Health and Safety in the Workplace

### Health and Safety Level 2

Health and Safety at Work courses will teach you the moral and legal framework to be able to stay healthy and safe at work and you will learn some common hazards and risks in the workplace.

Each course is delivered through one 2 hour session per week and typically last 3 weeks.

This course is free to eligible learners please see the 'Further Information' section below.

### Course aim

To achieve a Level 2 certificate in Health and Safety in the Workplace.  
To identify the moral and legal framework of all employees to keep themselves and others healthy and safe.

### Course Outcomes

To understand the legal obligations of employees for Health and Safety.  
To identify common hazards and risks in the work place.  
To recognise the importance of recording and reporting incidents.  
To gain new skills, knowledge and confidence in a positive learning environment.

### How will the course be taught?

Health and Safety courses can be taught online via Google Classroom.

### Could I gain a certificate?

You will work towards a level 2 qualification.

### What do I need to bring / have ready?

You will need a laptop, PC or tablet and a stable internet connection. We recommend that you have paper, a pencil, a pen and a notepad during the session.

### Further support and progression

If you need help whilst on a course with us, our Learner Support Advisor is available to discuss your needs. We offer a range of services, subject to eligibility, which can include practical support and/or financial assistance to ensure you feel fully supported while learning with us. For more information contact [alsreferrals@northnorthants.gov.uk](mailto:alsreferrals@northnorthants.gov.uk) or call 01604 368023 (answerphone available). Visit our website [www.northamptonshire.gov.uk/course-info](http://www.northamptonshire.gov.uk/course-info) for further information about our fees and concessions. Your tutor will inform you of further learning opportunities and progression during your course.

### Health and Safety / Online Safety

Your tutor will give you information about Health and Safety on the first session. For information on how to keep safe online, go to [https://safety.lovetoknow.com/Internet\\_Safety\\_Adult](https://safety.lovetoknow.com/Internet_Safety_Adult) and <https://takefive-stopfraud.org.uk/> national awareness campaign. To report suspected scams, or for information on preventing scams, call the Citizens Advice on 03454 04 05 06.

### Further Information

Employability courses are free for learners that are unemployed and in receipt of Jobseekers Allowance, Employment Support Allowance or Universal Credit. Or if you are employed and earn below £17,374.50 per year. Learners who earn over that amount are still welcome to attend the course, but will be expected to make a financial contribution for each unit which you can pay as you go. For more information please email [AdultLearning@northamptonshire.gov.uk](mailto:AdultLearning@northamptonshire.gov.uk)

**Northamptonshire Adult Learning Service work in partnership with National Careers Service advisers who can provide information, advice and guidance on skills, learning and work. National Careers Service can be contacted by telephone 0800 100 900 or text your name and the word ADVICE to 07766 413219 and an adviser will call you back for free or go to <https://nationalcareersservice.direct.gov.uk/>**

