

## XOA8XR20 - Life Online for Families - Future Course

### Course aim

The aim of this course is to build skills and confidence to use the internet for your family.

### Course Outcomes

Use email safely and effectively.

Set up and use accounts safely and effectively, including online forms and managing account settings.

Search effectively and recognise what makes a website safe to use.

Recognise and assess a variety of online risks for your family.

Gain new skills, knowledge and confidence in a positive learning environment.

### How will the course be taught?

The course will be taught online using Google Classroom. Each session will be delivered through an online video session and include lots of practical elements. You will get more from the course if you expect to do some practice between sessions.

### What do I need to bring / have ready?

You will need a computer and internet connection, plus a Gmail address to access Google Classroom. You won't need to print anything out as all your work will be online, but you may wish to have a pen and notepad handy to make notes.

### Health and Safety / Online Safety

Your tutor will give you information about Health and Safety at the session. For information on how to keep safe online, go to [https://safety.lovetoknow.com/Internet\\_Safety\\_Adult](https://safety.lovetoknow.com/Internet_Safety_Adult) and <https://takefive-stopfraud.org.uk/> national awareness campaign. To report suspected scams, or for information on preventing scams, call the Citizens Advice on 03454 04 05 06.

### Further support and progression

If you need help whilst on a course with us, our Learner Support Advisor is available to discuss your needs. We offer a range of services, subject to eligibility, which can include practical support and/or financial assistance to ensure you feel fully supported while learning with us. For more information contact [alsreferrals@northnorthants.gov.uk](mailto:alsreferrals@northnorthants.gov.uk) or call 01604 368023 (answerphone available). Visit our website [www.northamptonshire.gov.uk/course-info](http://www.northamptonshire.gov.uk/course-info) for further information about our fees and concessions. Your tutor will inform you of further learning opportunities and progression during your course.

### Further Information

The course will have links to other resources to help you continue your learning. You may also want to take next steps with IT skills by progressing to an Essential Digital Skills course with Adult Learning, details at [www.northamptonshire.gov.uk/adultlearning](http://www.northamptonshire.gov.uk/adultlearning)

**Northamptonshire Adult Learning Service work in partnership with National Careers Service advisers who can provide information, advice and guidance on skills, learning and work. National Careers Service can be contacted by telephone 0800 100 900 or text your name and the word ADVICE to 07766 413219 and an adviser will call you back for free or go to <https://nationalcareersservice.direct.gov.uk/>**