

Adult Learning - Course Information Sheet



UDE2DA41 - Indian Cookery Beginners

Delapre Community Rooms

Delapre Community Rooms
Alton Street
Northampton

NN4 8EN

Room Kitchen

Start Date: 29 April 2025
End Date: 08 July 2025
Start Time: 7:00PM
End Time: 9:00PM
Day: Tuesday
Sessions: 10
Tutor: Mrs Rashmita Shah

Course aim

To extend knowledge of spices and use wide range of these to develop signature dishes.

Course Outcomes

- Use a range of spices and describe their uses
- Identify and use already prepared spices. Demonstrate how to store spices to increase shelf life
- Follow the process of vaghar using different spices and methods to produce a tasty curry
- Demonstrate the process in preparation of a variety of dishes using the transferable skills to create your own individual dish
- Use transferable skills in creating your individual curry
- List dishes to put an Indian banquet together

How will the course be taught?

The course will be taught by lecturing, demonstration of key skills, group discussion, individual practice and supervision.

What do I need to bring/have ready?

Course paperwork, apron, dish cloth, tea towel, paper towel, washing up liquid, pen and paper, suitable containers to transport the cooked dishes. Ingredients as specified on the recipes, utensils as specified on the recipes. Some equipment is available at the venue.

<http://www.northamptonshire.gov.uk/UCG901AZ>

Further support or progression

If you need help whilst on a course with us, our Learner Support Advisor is available to discuss your needs. We offer a range of services, subject to eligibility, which can include practical support and/or financial assistance to ensure you feel fully supported while learning with us. For more information contact alsreferrals@northnorthants.gov.uk or call 01536 859050 (answerphone available). Visit our website <https://www.northnorthants.gov.uk/adult-learning/fees-and-refunds> for further information about our fees and concessions. Your tutor will inform you of further learning opportunities and progression during your course.

Health & Safety/Online Safety

When you enrol, please let us know if you require additional personal support to participate in this course. Your tutor will give you information about Health and Safety on the first day. To report suspected scams, or get help and advice about preventing scams call the Citizens Advice consumer helpline on 03454 04 05 06.

Further Information

You will be required to purchase your own ingredients each week, this will be in addition to your course fees.

You need to enjoy cooking and have a willingness to try new tastes.

Northamptonshire Adult Learning Service work in partnership with National Careers Service advisers who can provide information, advice and guidance on skills, learning and work. National Careers Service can be contacted by telephone 0800 100 900 or text your name and the word ADVICE to 07766 413219 and an adviser will call you back for free or go to <https://nationalcareersservice.direct.gov.uk/>

