

Adult Learning - Course Information Sheet



SZH6DA93 - Colour, Style & Image Review

Chester House Estate

Claudius Way
Wellingborough

NN8 2DH

Room LR1

Start Date: 11 March 2023
End Date: 11 March 2023
Start Time: 11:00AM
End Time: 5:00PM
Day: Saturday
Sessions: 1
Tutor: Mrs Lesley Clarke

Course aim

To develop a greater sense of confidence in your own style and self-image through the clothes you wear.

Course outcomes

- a) Help identify your body shape and how best to dress it with maximum effect.
- b) Have an understanding about the effects of different colours and their impact.
- c) Define how to evaluate and review your wardrobe.
- d) Recognise how to shop more effectively.

How will the course be taught?

By PowerPoint presentation, discussion, demonstration and student centred learning

What do I need to bring / have ready?

To assess which colours suit you best you are required to be make-up free. You can bring make-up along to apply after this part of the course. If you have a particular garment of clothing that you would like advice on, please bring it along. Writing materials. Money to purchase swatches £30.

Further support and progression

If you need help whilst on a course with us, our Learner Support Advisor is available to discuss your needs. We offer a range of services, subject to eligibility, which can include practical support and/or financial assistance to ensure you feel fully supported while learning with us. For more information contact alsreferrals@northnorthants.gov.uk or call 01604 368023 (answerphone available). Visit our website www.northamptonshire.gov.uk/course-info for further information about our fees and concessions. Your tutor will inform you of further learning opportunities and progression during your course.

Health and Safety / Online Safety

Your tutor will give you information about Health and Safety on the first session. For information on how to keep safe online, go to https://safety.lovetoknow.com/Internet_Safety_Adult and <https://takefive-stopfraud.org.uk/> national awareness campaign. To report suspected scams, or for information on preventing scams, call the Citizens Advice on 03454 04 05 06.

Further information

This course is a real treat. You will develop your understanding about what suits your body shape, proportions and colouring best so you can dress with confidence. Lunch is included.

For re-hydration please drink water only.

Northamptonshire Adult Learning Service work in partnership with National Careers Service advisers who can provide information, advice and guidance on skills, learning and work. National Careers Service can be contacted by telephone 0800 100 900 or text your name and the word ADVICE to 07766 413219 and an adviser will call you back for free or go to <https://nationalcareersservice.direct.gov.uk/>

