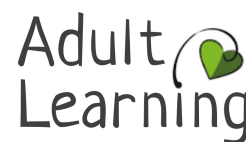


Adult Learning - Course Information Sheet



SZH2DA01 - Know How To Dress For Your Body Sha

Chester House Estate

Claudius Way
Wellingborough

NN8 2DH

Room Learner Room 2

Start Date: 15 March 2022
End Date: 15 March 2022
Start Time: 10:00AM
End Time: 1:00PM
Day: Tuesday
Sessions: 1
Tutor: Mrs Lesley Clarke

Course aim

To help participants understand how best to dress for their body shape and proportions.

Course outcomes

- Identify your body shape.
- Recognise your best features and how to make the most of these.
- Understand about balance, proportions and colour and how this can make a difference to your appearance.

How will the course be taught?

The course will be taught online via Zoom and will be a live interactive class. Joining instructions along with unique log in for the session will be emailed to you by our support services team prior to the course start date so please check your email address prior to the class.

What do I need to bring / have ready?

To take part in the course you will need a computer, laptop, phone or tablet connected to the internet and be able to view a live video stream. A pen and paper are useful to make notes.

Further support and progression

If you need help whilst on a course with us, our Learner Support Advisor is available to discuss your needs. We offer a range of services, subject to eligibility, which can include practical support and/or financial assistance to ensure you feel fully supported while learning with us. For more information contact alsreferrals@northnorthants.gov.uk or call 01604 368023 (answerphone available). Visit our website www.northamptonshire.gov.uk/course-info for further information about our fees and concessions. Your tutor will inform you of further learning opportunities and progression during your course.

Health and Safety / Online Safety

Your tutor will give you information about Health and Safety on the first session. For information on how to keep safe online, go to https://safety.lovetoknow.com/Internet_Safety_Adult and <https://takefive-stopfraud.org.uk/> national awareness campaign. To report suspected scams, or for information on preventing scams, call the Citizens Advice on 03454 04 05 06.

Northamptonshire Adult Learning Service work in partnership with National Careers Service advisers who can provide information, advice and guidance on skills, learning and work. National Careers Service can be contacted by telephone 0800 100 900 or text your name and the word ADVICE to 07766 413219 and an adviser will call you back for free or go to <https://nationalcareersservice.direct.gov.uk/>

