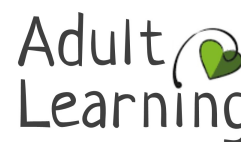


# Adult Learning - Course Information Sheet



## SXX4CN06 - Budgeting - Managing Your Money

### To Be Confirmed

ZZ99 9ZZ

Room TBC

Start Date: 11 January 2024  
End Date: 15 February 2024  
Start Time: 10:00AM  
End Time: 12:00PM  
Day: Thursday  
Sessions: 6  
Tutor: Mr Shaun Love

### Multiply

Multiply is a 3 year programme funded through the Department for Education aimed at supporting adults to increase their skills in numeracy. Those who improve their numeracy skills are more likely to be in employment, have higher wages and better wellbeing

### Course aim

Equip learners with the maths knowledge and skills to be able to effectively manage their household accounts. The course also aims to develop your confidence when working with numbers and money allowing you to more effectively plan your household budget.

### Course outcomes

- To understand the importance of household budget management.
- To identify strategies for expense reduction.
- To understand fixed and variable expenses and the value of effective grouping of expenses.
- To apply understanding of mathematical concepts to track and monitor your household expenses.
- To apply understanding of mathematical concepts to create a SMART savings and budgeting plan.

### How will the course be taught?

Face to face sessions.

### What do I need to bring / have ready?

No equipment required

### Further support and progression

If you need help whilst on a course with us, our Learner Support Advisor is available to discuss your needs. We offer a range of services, subject to eligibility, which can include practical support and/or financial assistance to ensure you feel fully supported while learning with us. For more information contact [alsreferrals@northnorthants.gov.uk](mailto:alsreferrals@northnorthants.gov.uk) or call 01604 368023 (answerphone available). Visit our website [www.northamptonshire.gov.uk/course-info](http://www.northamptonshire.gov.uk/course-info) for further information about our fees and concessions. Your tutor will inform you of further learning opportunities and progression during your course.

### Health and Safety / Online Safety

Your tutor will give you information about Health and Safety on the first day. For information on how to keep safe online go to [https://safety.lovetoknow.com/Internet\\_Safety\\_Adult](https://safety.lovetoknow.com/Internet_Safety_Adult) and <https://takefive-stopfraud.org.uk/> national awareness campaign. To report suspected scams, or get help and advice about preventing scams call the Citizens Advice consumer helpline on 03454 04 05 06.

### Further Information

Free Maths set provided

Northamptonshire Adult Learning Service work in partnership with National Careers Service advisers who can provide information, advice and guidance on skills, learning and work. National Careers Service can be contacted by telephone 0800 100 900 or text your name and the word ADVICE to 07766 413219 and an adviser will call you back for free or go to <https://nationalcareersservice.direct.gov.uk/>

