

Adult Learning - Course Information Sheet



SWA2DA20 - Salsa For Beginners

Weston Favell Academy

Booth Lane S
Weston Favell
Northampton

NN3 3EZ

Room Weston Favell Academy

Start Date: 14 January 2025

End Date: 25 March 2025

Start Time: 7:15PM

End Time: 8:15PM

Day: Tuesday

Sessions: 10

Tutor: Ms Gaye Stanley

Course aim

To enable you to dance Salsa basically but effectively in situations you will encounter such as: parties, going out with friends and during holidays in countries where the salsa is popular.

Course outcomes

- a) Demonstrate the basic Salsa steps following the music and according with the Salsa timing.
- b) Show the technique and the movement of the body like shoulders or hips in simple Salsa steps!
- c) Develop your own improvisation based on the step sequences learned.
- d) Develop a positive learning attitude: respect and tolerance.

How will the course be taught?

There will be space for the improvisation and you could dance on your own or in a group. We will use verbal instructions, observation, demonstration and presentation.

What do I need to bring / have ready?

Comfortable clothing. No stiletto shoes or open sandals. Soft jazz or trainer type shoe acceptable.

Further support and progression

If you need help whilst on a course with us, our Learner Support Advisor is available to discuss your needs. We offer a range of services, subject to eligibility, which can include practical support and/or financial assistance to ensure you feel fully supported while learning with us. For more information contact alsreferrals@northnorthants.gov.uk or call 01536 535809 (answerphone available). Visit our website www.northamptonshire.gov.uk/course-info for further information about our fees and concessions. Your tutor will inform you of further learning opportunities and progression during your course.

Health and Safety / Online Safety

Your tutor will give you information about Health and Safety on the first session. For information on how to keep safe online, go to https://safety.lovetoknow.com/Internet_Safety_Adult and <https://takefive-stopfraud.org.uk/> national awareness campaign. To report suspected scams, or for information on preventing scams, call the Citizens Advice on 03454 04 05 06.

The completion of the Health Questionnaire is mandatory prior to the start of your course. Please take the completed form to your first session.

Further information

Your course induction should cover any further information you may require.

Northamptonshire Adult Learning Service work in partnership with National Careers Service advisers who can provide information, advice and guidance on skills, learning and work. National Careers Service can be contacted by telephone 0800 100 900 or text your name and the word ADVICE to 07766 413219 and an adviser will call you back for free or go to <https://nationalcareersservice.direct.gov.uk/>

