

Adult Learning - Course Information Sheet



SVL6DA48 - Reiki With Sound

Daventry Library

The Abbey Advice Resource Ct
Market Square

Daventry
NN11 4XG

Room Daventry Library

Start Date: 11 March 2023
End Date: 11 March 2023
Start Time: 2:30PM
End Time: 4:00PM
Day: Saturday
Sessions: 1
Tutor: Ms Caroline Izzard

Course aim

This introductory session gives learners the chance to explore Reiki with sound.

Course outcomes

- 1) Recognise through group discussion the differences between traditional Usui Reiki and Reiki with sound
- 2) An introductory experience of Reiki sound, breathing and listening
- 3) Opportunity to extend the experience through listening and instrument/s
- 4) Identify ways to develop the participant's journey with Reiki and sound

How will the course be taught?

This will be classroom based, small group, face to face with handouts. There may be some audio visual.
The session will be practical.

Could I gain a certificate?

This is an introductory session and non-certificated course.

What do I need to bring / have ready?

Please bring a notebook and pen. Bottle of water. Optional: a drum if you already have one.

Further support and progression

If you need help whilst on a course with us, our Learner Support Advisor is available to discuss your needs. We offer a range of services, subject to eligibility, which can include practical support and/or financial assistance to ensure you feel fully supported while learning with us. For more information contact alsreferrals@northnorthants.gov.uk or call 01604 368023 (answerphone available). Visit our website www.northamptonshire.gov.uk/course-info for further information about our fees and concessions. Your tutor will inform you of further learning opportunities and progression during your course.

Health and Safety / Online Safety

Your tutor will give you information about Health and Safety on the first day. For information on how to keep safe online go to https://safety.lovetoknow.com/Internet_Safety_Adult and <https://takefive-stopfraud.org.uk/> national awareness campaign. To report suspected scams, or get help and advice about preventing scams call the Citizens Advice consumer helpline on 03454 04 05 06.

Further Information

This is an introductory level course, and no previous experience is necessary.

Northamptonshire Adult Learning Service work in partnership with National Careers Service advisers who can provide information, advice and guidance on skills, learning and work. National Careers Service can be contacted by telephone 0800 100 900 or text your name and the word ADVICE to 07766 413219 and an adviser will call you back for free or go to <https://nationalcareersservice.direct.gov.uk/>

