# Adult Learning - Course Information Sheet

## SNLM04 - Intermediate Sewing Skills For Upcycling

**KCU**
51 Gold Street

Kettering

NN16 8JB **Room** KCU

| | |
|---|---|
| Start Date: | 13 January 2027 |
| End Date: | 10 February 2027 |
| Start Time: | 9:30AM |
| End Time: | 11:30AM |
| Day: | Wednesday |
| Sessions: | 5 |
| Tutor: | Mrs Nicola Magee |

## What will I learn?

This intermediate course is designed for learners with some basic sewing experience who want to build on their existing skills and tackle more challenging projects. Sessions will be practical, creative and supportive, with opportunities to develop your own ideas and techniques

## What will I need to take part?

Please bring along unwanted garments or fabric suitable for alteration and upcycling projects.

## What to expect

Take part in hands-on sewing activities each week.
Learn basic hand sewing and sewing machine techniques. Repair, alter and personalise clothing and fabric items.
Create simple sewing projects using recycled or unwanted materials.
Gain confidence through step-by-step demonstrations and guidance.
Share ideas and learn alongside other participants.
Develop skills that can help you save money and reduce waste.
Work at your own pace, with support available throughout the course.

No previous sewing experience is required.

## Where can it lead to?

You can progress onto a dressmaknig course

## Course eligibility and fees

This adult learning course is available to residents of Northamptonshire who are:

- aged 19 or over on 31st August in the funding year

- living in England, outside a devolved adult skills funding area.

- ordinarily resident in England on the first day of learning.

If you don't meet the above requirements, including some international students or people not ordinarily resident in the UK, you will not be able attend this course.

Asylum seekers may be eligible to attend in some circumstances, including where they have lived in the UK for 6 months or longer while their claim is being considered, or where they receive certain types of local authority support.

**Northamptonshire Adult Learning Service work in partnership with National Careers Service advisers who can provide information, advice and guidance on skills, learning and work. National Careers Service can contacted by telephone 0800 100 900 or text your name and the word ADVICE to 07766 413219 and an adviser will call you back for free or go to https://nationalcareersservice.direct.gov.uk/**

Adult Learning Service
Support Service Team
Email - AdultLearning@northnorthants.gov.uk

North Northamptonshire Council

West Northamptonshire Council