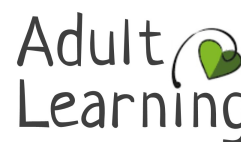


Adult Learning - Course Information Sheet



SLC2BA01 - Write Your Own Life Story

Long Buckby Community Centre

41 Station Road

Long Buckby

Northampton

NN6 7QB

Room Hobro

Start Date: 10 January 2023
End Date: 07 February 2023
Start Time: 2:00PM
End Time: 4:00PM
Day: Tuesday
Sessions: 5
Tutor: Mrs Elaine Canham

Course aim

Your life is unique; this course aims to help you rediscover your memories and write about them, using triggers such as objects, magazines and pictures. You will be shown writing techniques to present your story in a compelling way.

Course outcomes

- a) Kick start your memory and organise your ideas
- b) Create an interesting narrative
- c) Use good descriptive techniques to bring your story to life

What do I need to bring / have ready?

A Laptop is fine, but it is generally easier to use paper and pens in class, because of the activities.

Further support and progression

If you need help whilst on a course with us, our Learner Support Advisor is available to discuss your needs. We offer a range of services, subject to eligibility, which can include practical support and/or financial assistance to ensure you feel fully supported while learning with us. For more information contact alsreferrals@northnorthants.gov.uk or call 01604 368023 (answerphone available). Visit our website www.northamptonshire.gov.uk/course-info for further information about our fees and concessions. Your tutor will inform you of further learning opportunities and progression during your course.

Health and Safety / Online Safety

Your tutor will give you information about Health and Safety on the first session. For information on how to keep safe online, go to https://safety.lovetoknow.com/Internet_Safety_Adult and <https://takefive-stopfraud.org.uk/> national awareness campaign. To report suspected scams, or for information on preventing scams, call the Citizens Advice on 03454 04 05 06.

Northamptonshire Adult Learning Service work in partnership with National Careers Service advisers who can provide information, advice and guidance on skills, learning and work. National Careers Service can be contacted by telephone 0800 100 900 or text your name and the word ADVICE to 07766 413219 and an adviser will call you back for free or go to <https://nationalcareersservice.direct.gov.uk/>

