

Adult Learning - Course Information Sheet



SDE6DA02 - An Introduction To Oriental Cookery

Delapre Community Rooms

Delapre Community Rooms
Alton Street
Northampton

NN4 8EN **Room** Zoom (Online)

Start Date: 22 January 2022
End Date: 22 January 2022
Start Time: 10:00AM
End Time: 1:00PM
Day: Saturday
Sessions: 1
Tutor: Mrs Rashmita Shah

Course aim

This online course, using Zoom for delivery, will enable you to learn more about the subject, develop new skills and also find out how participating in learning can support your wellbeing. During this course you have fun learning how to cook a range of delicious Oriental dishes.

Course Outcomes

- Recognise a range of spices and describe their uses
- Be able to store spices to increase shelf life
- Make range of dishes from around Asia
- Be able to adapt the recipes to create your own bespoke dishes
- Understand how participating in learning can increase personal confidence and a sense of wellbeing.

How will the course be taught?

The course will be taught online via Zoom and will be a live interactive class. Joining instructions along with unique log in for the session will be emailed to you by our support services team prior to the course start date so please check your email address prior to the class.

What do I need to bring / have ready?

To take part in the course, you will need a computer, laptop, phone or tablet connected to the internet and be able to view a live video stream. We also recommend that you have a pen and notepad to hand during the sessions. You will also be provided with a list of ingredients and utensils required.

Further support and progression

If you need help whilst on a course with us, our Learner Support Advisor is available to discuss your needs. We offer a range of services, subject to eligibility, which can include practical support and/or financial assistance to ensure you feel fully supported while learning with us. For more information contact alsreferrals@northnorthants.gov.uk or call 01604 368023 (answerphone available). Visit our website www.northamptonshire.gov.uk/course-info for further information about our fees and concessions. Your tutor will inform you of further learning opportunities and progression during your course.

Health and safety / Online Safety

Your tutor will give you information about Health and Safety on the first session. For information on how to keep safe online, go to https://safety.lovetoknow.com/Internet_Safety_Adult and <https://takefive-stopfraud.org.uk/> national awareness campaign. To report suspected scams, or for information on preventing scams, call the Citizens Advice on 03454 04 05 06.

Northamptonshire Adult Learning Service work in partnership with National Careers Service advisers who can provide information, advice and guidance on skills, learning and work. National Careers Service can be contacted by telephone 0800 100 900 or text your name and the word ADVICE to 07766 413219 and an adviser will call you back for free or go to <https://nationalcareersservice.direct.gov.uk/>

