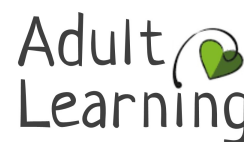


# Adult Learning - Course Information Sheet



## SDE6DA01 - An Introduction To Moroccan Cookery

### Delapre Community Rooms

Delapre Community Rooms  
Alton Street  
Northampton

NN4 8EN

Room Zoom (Online)

Start Date: 15 January 2022  
End Date: 15 January 2022  
Start Time: 10:00AM  
End Time: 1:00PM  
Day: Saturday  
Sessions: 1  
Tutor: Mrs Rashmita Shah

### Course aim

Learn how to recognise the characteristics of a Moroccan cookery and cook your very own aromatic Tagine, sumptuous side dish and exotic desert based on simple and easy to follow authentic recipes.

### Course outcomes

1. Recognise and select the spices that are used in preparing Moroccan dishes.
2. Cook your own tagine, tabbouleh and a Moroccan desert.
3. Understand how participating in learning can increase personal confidence and a sense of wellbeing.

### How will the course be taught?

The course will be taught online via Zoom and will be a live interactive class. Joining instructions along with unique log in for the session will be emailed to you by our support services team prior to the course start date so please check your email address.

### What do I need to bring / have ready?

To take part in the course you will need either: a computer or laptop, phone or tablet connected to the internet and able to view a live video stream. You will need an apron, dish cloth, tea towel, paper towel, washing up liquid, pen and paper. You will also need recipe ingredients, utensils and equipment as specified on the recipe. A list of ingredients will be emailed to you ahead of the session.

### Further support and progression

If you need help whilst on a course with us, our Learner Support Advisor is available to discuss your needs. We offer a range of services, subject to eligibility, which can include practical support and/or financial assistance to ensure you feel fully supported while learning with us. For more information contact [alsreferrals@northnorthants.gov.uk](mailto:alsreferrals@northnorthants.gov.uk) or call 01604 368023 (answerphone available). Visit our website [www.northamptonshire.gov.uk/course-info](http://www.northamptonshire.gov.uk/course-info) for further information about our fees and concessions. Your tutor will inform you of further learning opportunities and progression during your course.

### Health and Safety / Online Safety

Your tutor will give you information about Health and Safety on the first session. For information on how to keep safe online, go to [https://safety.lovetoknow.com/Internet\\_Safety\\_Adult](https://safety.lovetoknow.com/Internet_Safety_Adult) and <https://takefive-stopfraud.org.uk/> national awareness campaign. To report suspected scams, or for information on preventing scams, call the Citizens Advice on 03454 04 05 06.

**Northamptonshire Adult Learning Service work in partnership with National Careers Service advisers who can provide information, advice and guidance on skills, learning and work. National Careers Service can be contacted by telephone 0800 100 900 or text your name and the word ADVICE to 07766 413219 and an adviser will call you back for free or go to <https://nationalcareersservice.direct.gov.uk/>**

