

Adult Learning - Course Information Sheet



SCB1DA01 - Sewing - Upcycling Your Wardrobe

Beanfield Community Centre

Beanfield Avenue

Corby

Northants

NN18 0AX

Room

Start Date: 21 February 2022

End Date: 28 March 2022

Start Time: 2:00PM

End Time: 3:30PM

Day: Monday

Sessions: 6

Tutor: Mrs Karen Lloyd

Course aim

This course will enable you to learn more about the subject and develop new skills. Over the 10 weeks we will be looking at various ways to upcycle some of the clothes in your wardrobe. The course is aimed at beginners, those who can sew a straight line using their sewing machine. There will also be some hand sewing as we look at ways to mend clothing. As this is an online course we will be focussing on garments of a simple structure and loose fitting, rather than complex and fitted items.

Course outcomes

You will be able to sew on buttons securely

You will be able to mend holes in clothing using at least one method

You will be able to make a simple pattern of a garment from your existing wardrobe

You will be able to construct a simple garment from your own pattern- ideally using cotton or polycotton fabric or manmade rather than stretchy fabric

You will learn about bindings, seams and neatening raw edges

You may learn how to add buttons and buttonholes to your garment

How will the course be taught?

The course will be a live interactive class

What do I need to bring / have ready?

We recommend that you have a pen and notepad to hand during the sessions.

You will need access to a sewing machine in good working order, as well as a basic sewing kit- pins, needles, fabric scissors, paper scissors, thread in various colours. You may also need access to an iron and ironing board.

Bring any clothes that you have that no longer fit, clothes you like but need mending, clothes you like but would like in a different colour or want to jazz up. Cotton and polycotton clothing are the easiest to alter/adapt. Stretch fabrics need handling differently - we will talk about this.

For the first session please bring a couple of garments that either need mending or need altering. If you plan on doing this during the session please ensure you have access to the resources you will need, ie either your sewing machine and/or your sewing kit. In the first session we will cover basic mending and sewing on of buttons.

Further support and progression

If you need help whilst on a course with us, our Learner Support Advisor is available to discuss your needs. We offer a range of services, subject to eligibility, which can include practical support and/or financial assistance to ensure you feel fully supported while learning with us. For more information contact alsreferrals@northnorthants.gov.uk or call 01604 368023 (answerphone available). Visit our website www.northamptonshire.gov.uk/course-info for further information about our fees and concessions. Your tutor will inform you of further learning opportunities and progression during your course.

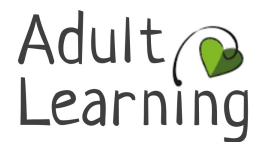
Health and Safety / Online Safety

When you enrol, please let us know if you require additional personal support to participate in this course. Your tutor will give you information about Health and Safety on the first day.

For information on how to keep safe online go to https://safety.lovetoknow.com/Internet_Safety_Adult and <https://takefive-stopfraud.org.uk/> national awareness campaign. To report suspected scams, or get help and advice about preventing scams call the Citizens Advice consumer helpline on 03454 04 05 06.

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Northamptonshire Adult Learning Service work in partnership with National Careers Service advisers who can provide information, advice and guidance on skills, learning and work. National Careers Service can be contacted by telephone 0800 100 900 or text your name and the word ADVICE to 07766 413219 and an adviser will call you back for free or go to <https://nationalcareersservice.direct.gov.uk/>

Adult Learning Service
Support Service Team
Email - AdultLearning@northnorthants.gov.uk



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