

Adult Learning - Course Information Sheet



SAB1DA15 - Japanese Face Massage - Introduction

Abington Bowling Club

Abington Bowling Club
12 Park Avenue S
Northampton

NN3 3AA **Room** Upstairs Room

Start Date: 21 February 2022
End Date: 21 February 2022
Start Time: 7:00PM
End Time: 9:00PM
Day: Monday
Sessions: 1
Tutor: Mrs Janet Flowers

Course aim

To perform competently introductory movements of Japanese Face Massage.

Course outcomes

- Discuss theoretical and practical knowledge of Japanese Face Massage
- Recognise the benefits and contra-indications of Japanese Face Massage
- Demonstrate the practical use of giving a Japanese Face Massage

How will the course be taught?

Simple explanation with question and answer session.
Demonstration by tutor on learner.
Practical work on other learners.

What do I need to bring / have ready?

Pen/pencil, note paper and drinks. One large towel, one small cushion/pillow, 50p for oils. Antiseptic Wipes

Further support and progression

If you need help whilst on a course with us, our Learner Support Advisor is available to discuss your needs. We offer a range of services, subject to eligibility, which can include practical support and/or financial assistance to ensure you feel fully supported while learning with us. For more information contact alsreferrals@northnorthants.gov.uk or call 01604 368023 (answerphone available). Visit our website www.northamptonshire.gov.uk/course-info for further information about our fees and concessions. Your tutor will inform you of further learning opportunities and progression during your course.

Health and Safety / Online Safety

Your tutor will give you information about Health and Safety on the first session. For information on how to keep safe online, go to https://safety.lovetoknow.com/Internet_Safety_Adult and <https://takefive-stopfraud.org.uk/> national awareness campaign. To report suspected scams, or for information on preventing scams, call the Citizens Advice on 03454 04 05 06.

Further information

Please do not wear makeup or contact lenses.
Learners having undertaken botox injections should not receive massage for 3 weeks, but may still attend to learn. In order to show progression throughout the course, it may be necessary to use video or digital cameras during the lesson.

Northamptonshire Adult Learning Service work in partnership with National Careers Service advisers who can provide information, advice and guidance on skills, learning and work. National Careers Service can be contacted by telephone 0800 100 900 or text your name and the word ADVICE to 07766 413219 and an adviser will call you back for free or go to <https://nationalcareersservice.direct.gov.uk/>

