

Adult Learning - Course Information Sheet



AZZ3BA09 - Write Your Own Life Story

Virtual Classroom - Zoom

Start Date: 06 November 2020
End Date: 11 December 2020
Start Time: 10:00AM
End Time: 12:00PM
Day: Friday
Sessions: 6
Tutor: Mrs Elaine Canham

Room

Course Description

Your life is unique; this course aims to help you rediscover your memories and write about them, using triggers such as objects, magazines and pictures. You will be shown writing techniques to present your story in a compelling way.

Course Outcomes

- Kick start your memory and organise your ideas
- Create an interesting narrative
- Use good descriptive techniques to bring your story to life

How will the course be taught?

The course will be taught online via Zoom and will be a live interactive class. Joining instructions along with unique log in for the session will be emailed to you by our support services team prior to the course start date so please check your email address prior to the class. To take part in the course learners will need:

A computer, laptop, phone or tablet connected to the internet and able to view a live video stream.

What do I need to bring?

A Laptop is fine, but it is generally easier to use paper and pens in class, because of the activities.

Further support or progression

Please let us know if there is anything we can do to help and support you on this course, or if you need help to understand our fees or concessions. You will find out about further learning opportunities and progression information during this course. Further information can also be found here:

www.northamptonshire.gov.uk/course-info

Health & Safety

When you enrol, please let us know if you require additional personal support to participate in this course. Your tutor will give you information about Health and Safety on the first day. For information on how to keep safe online go to https://safety.lovetoknow.com/Internet_Safety_Adult and <https://takefive-stopfraud.org.uk/> national awareness campaign. To report suspected scams, or get help and advice about preventing scams call the Citizens Advice consumer helpline on 03454 04 05 06.

Further Information

Northamptonshire Adult Learning Service work in partnership with National Careers Service advisers who can provide information, advice and guidance on skills, learning and work. National Careers Service can be contacted by telephone 0800 100 900 or text your name and the word ADVICE to 07766 413219 and an adviser will call you back for free or go to <https://nationalcareersservice.direct.gov.uk/>

