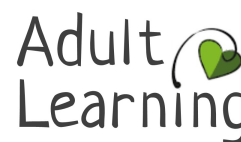


Adult Learning - Course Information Sheet



AZZ2WA02 - Information Session - Peer Mentoring

Virtual Classroom - Zoom

<https://zoom.us/>

ZZ99 9ZZ

Room Online Zoom

Start Date: 30 August 2022
End Date: 30 August 2022
Start Time: 2:00PM
End Time: 3:00PM
Day: Tuesday
Sessions: 1
Tutor: Mr Jude Taylor

Learn2b

Learn2b courses are free of charge to anyone who lives with (or has experienced) a mental health disorder. Diagnosis is not essential. Tutors, who are selected because of their own experiences of mental health illness will support you throughout your course in a safe, welcoming environment. Email alsreferrals@northnorthants.gov.uk if you would like some help accessing Zoom.

Course aim

To understand the outline and aims of the Level 2 Learn to Peer Mentor course, and to have an opportunity to reflect on our own goals and ask any questions.

Course outcomes

- a) Identify how peer mentoring can support self, and others, personal/career development.
- b) Discuss the benefits of learning together when living with mental health difficulties.

How will the course be taught?

This virtual session will be delivered live using Zoom. The teaching team will explain the structure of the qualification, and answer questions relating to the content of the course.

What do I need to bring/have ready?

During this sessions, a notepad and pen may be useful if you wish to take notes. To join the live session you will need to access the internet via either a phone/laptop/pc/ipad/tablet, with your webcam and microphone switched on. The session is very interactive so please bring some headphones if you have them, to maintain confidentiality, if you have other people in your home.

Further support and progression

If you need help whilst on a course with us, our Learner Support Advisor is available to discuss your needs. We offer a range of services, subject to eligibility, which can include practical support and/or financial assistance to ensure you feel fully supported while learning with us. For more information contact alsreferrals@northnorthants.gov.uk or call 01604 368023 (answerphone available). Visit our website www.northamptonshire.gov.uk/course-info for further information about our fees and concessions. Your tutor will inform you of further learning opportunities and progression during your course.

Health and safety/online safety

Your tutor will give you information about Health and Safety on the first session. For information on how to keep safe online, go to https://safety.lovetoknow.com/internet_Safety_Adult and <https://takefive-stopfraud.org.uk/> national awareness campaign. To report suspected scams, or for information on preventing scams, call the Citizens Advice on 03454 04 05 06

Northamptonshire Adult Learning Service work in partnership with National Careers Service advisers who can provide information, advice and guidance on skills, learning and work. National Careers Service can be contacted by telephone 0800 100 900 or text your name and the word ADVICE to 07766 413219 and an adviser will call you back for free or go to <https://nationalcareersservice.direct.gov.uk/>

