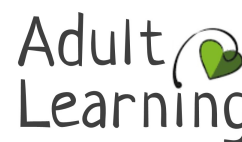


# Adult Learning - Course Information Sheet



## AZY2VS15 - Understanding Care Work

**Virtual Classroom - Google Classroom**  
classroom.google.com

ZZ99 9ZZ      **Room** Class Code: us773gq

Start Date: 04 November 2021  
End Date: 25 November 2021  
Start Time: 10:00AM  
End Time: 12:00PM  
Day: Thursday  
Sessions: 4  
Tutor: Ms Karren Bennett

### Health, Lifestyle & Science Industries

This course is made up of 6 units, the 6 units will cover the roles and responsibilities of a care worker, healthy lifestyle; essentials, mental health and wellbeing, health & lifestyle, equality & diversity and employment rights. The course will help you enter into your chosen field of work within the health, lifestyle and science industries.

The units can be completed separately, alternatively on completion of the 6 units you will achieve the full certificate.

This course will be delivered by using Google Classroom and are delivered by specialist tutors. The course is delivered over a 30-week period, with twice weekly lessons of 2 hours.

### Course Aim

- Understand the roles and responsibilities of a care worker including policies and procedures
- Understand the principles of a healthy lifestyle and supporting others
- Understand mental health and supporting other with a healthy lifestyle/wellbeing
- Know the basic requirements of equality and diversity in the workplace
- Understand employment rights

### Course Outcomes

To prepare for a career in health, lifestyles or a science industry.

- Complete 6 units (as detailed above)
- Achieving a Level 1 Certificate
- Know your own rights in the workplace as well as those you are caring for

### How will the course be taught?

The Health, Lifestyle and Science industries course will be taught online via Google Classroom.

### Could I gain a certificate?

All credits contribute towards a Level 1 AIM qualification.

These 6 units have a combined credit value of 16 units. To achieve the Level 1 Certificate in Working in health, lifestyle and science industries you must achieve all 6 units:

- The Roles and Responsibilities of the Care Worker (Mandatory Unit)
- Healthy Lifestyle; Essentials
- Mental Health and Well-Being; Fundamentals
- Health & Lifestyle; Factors & Consequences
- Equality and Diversity at Work
- Employment Rights, Contracts & Pay

### What do I need to bring / have ready?

You will need a laptop, PC or tablet and a stable internet connection in order to take part in this course. We recommend that you have paper, a pencil, a pen and a notepad during the session. You will need to provide photographic I.D.

### Further support and progression

If you need help whilst on a course with us, our Learner Support Advisor is available to discuss your needs. We offer a range of services, subject to eligibility, which can include practical support and/or financial assistance to ensure you feel fully supported while learning with us. For more information contact [alsreferrals@northnorthants.gov.uk](mailto:alsreferrals@northnorthants.gov.uk) or call 01604 368023 (answerphone available). Visit our website [www.northamptonshire.gov.uk/course-info](http://www.northamptonshire.gov.uk/course-info) for further information about our fees and concessions. Your tutor will inform you of further learning opportunities and progression during your course.

## AZY2VS15 - Understanding Care Work

### Health and Safety / Online Safety

Your tutor will give you information about Health and Safety on the first session. For information on how to keep safe online, go to [https://safety.lovetoknow.com/Internet\\_Safety\\_Adult](https://safety.lovetoknow.com/Internet_Safety_Adult) and <https://takefive-stopfraud.org.uk/> national awareness campaign. To report suspected scams, or for information on preventing scams, call the Citizens Advice on 03454 04 05 06.

### Further information

Employability courses are free for learners that are unemployed and in receipt of Jobseekers Allowance, Employment Support Allowance or Universal Credit. Or if you are employed and earn below £17,374.50 per year. Learners who earn over that amount are still welcome to attend the course, but will be expected to make a financial contribution for each unit which you can pay as you go.

**Northamptonshire Adult Learning Service work in partnership with National Careers Service advisers who can provide information, advice and guidance on skills, learning and work. National Careers Service can be contacted by telephone 0800 100 900 or text your name and the word ADVICE to 07766 413219 and an adviser will call you back for free or go to <https://nationalcareersservice.direct.gov.uk/>**