

Adult Learning - Course Information Sheet



AZY2EA02 - Healthy Snacks for Families

Virtual Classroom - Google Classroom
classroom.google.com

Start Date: 09 August 2022
End Date: 09 August 2022
Start Time: 10:00AM
End Time: 11:30AM
Day: Tuesday
Sessions: 1
Tutor: Mrs Emily Wright

ZZ99 9ZZ **Room** Online- Google Classroom

Course aim

Prepare healthy, cheap and fun snacks.

Course Outcomes

- Outcome 1 - Explore ways of combining everyday food to make fun and healthy snacks
- Outcome 2 - To understand more about Family Learning courses

How will the course be taught?

If this is an online course, please check the email confirmation for the link to join your Google Classroom. This information is also on 'My Account' when you are logged in to the Adult Learning website. Find How to use Google Classroom at <https://getgoing.nccadulthoodlearning.ac.uk/it-tips/google-classroom>

What do I need to bring/ have ready?

You will need to be set up in your kitchen or suitable area for cooking with access to an oven or microwave. You will need cooking utensils and ways to measure ingredients, a baking sheet, bowls, measuring jug, spoons, knife, peeler (optional) Please note you will need to provide a pint of your chosen milk, table salt and cooking oil. You will be sent an e-voucher to buy the ingredients from a local Tesco and the recipe so please have these ingredients ready on the day.

If this is an online course, a laptop, PC or tablet and a stable internet connection will be needed.

Health and Safety/ Online Safety

Your tutor will give you information about Health and Safety at the session. For information on how to keep safe online, go to https://safety.lovetoknow.com/Internet_Safety_Adult and <https://takefive-stopfraud.org.uk/> national awareness campaign. To report suspected scams, or for information on preventing scams, call the Citizens Advice on 03454 04 05 06.

Further support and progression

If you need help whilst on a course with us, our Learner Support Advisor is available to discuss your needs. We offer a range of services, subject to eligibility, which can include practical support and/or financial assistance to ensure you feel fully supported while learning with us. For more information contact alsreferrals@northamptonshire.gov.uk or call 01604 368023 (answerphone available). Visit our website www.northamptonshire.gov.uk/course-info for further information about our fees and concessions. Your tutor will inform you of further learning opportunities and progression during your course.

Northamptonshire Adult Learning Service work in partnership with National Careers Service advisers who can provide information, advice and guidance on skills, learning and work. National Careers Service can be contacted by telephone 0800 100 900 or text your name and the word ADVICE to 07766 413219 and an adviser will call you back for free or go to <https://nationalcareersservice.direct.gov.uk/>

