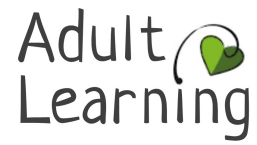


Adult Learning - Course Information Sheet



ATB5SN93 - Multiply - World Cooking

The Bridge - Northampton

63c Gold Street

Northampton

NN1 1RA

Room The Bridge - Northampton

Start Date: 07 November 2024

End Date: 05 December 2024

Start Time: 10:30AM

End Time: 12:30PM

Day: Thursday

Sessions: 5

Tutor: Mrs Rashmita Shah

What will I learn?

You will explore food from around the world including exploring the spices and ingredients needed to make delicious meals.

You will also develop your Maths skills to support you to accurately follow food recipes which will develop your confidence and knowledge allowing you to continue your learning outside of the classroom and explore more recipes in your own time.

You will also develop your confidence and skills working within a selection of Mathematical topics relevant to this course including: money and understanding how to budget, portioning, measuring accurately and converting between units.

What will I need to take part?

You won't need to bring anything with you. You may choose to bring a notepad and pen to record notes if you would like.

What to expect

Feeling confident with numbers helps in every aspect of life, from measuring food ingredients, mixing hair dye and checking invoices, to helping the children with their homework or even setting up in business. There is no such thing as someone who 'can do maths' and someone who cannot. It's learning in the right way for you that will help you get on in life. This could be applying for a new job, improving career prospects, budgeting at home, helping the kids or saving for the future. You don't need to become a maths expert to do this.

With the current increase in the cost of living, it adds up that now is time to improve your own skills in working with numbers. Those who improve their numeracy skills are more likely to be in employment, have higher wages and better wellbeing.

This course may open up other Maths opportunities for you including other Maths courses such as Functional Skills Maths.

Course eligibility and fees

Multiply is a 3 year programme funded through the Department for Education aimed at supporting adults to increase their skills in numeracy. Our free numeracy courses are for individuals:

- resident in North or West Northamptonshire, aged 19 and over
- that have not achieved a maths GCSE of at least a Grade C or equivalent
- who may want to develop numeracy skills for work or progression
- that want to brush up and develop their numeracy skills for everyday life

Northamptonshire Adult Learning Service work in partnership with National Careers Service advisers who can provide information, advice and guidance on skills, learning and work. National Careers Service can be contacted by telephone 0800 100 900 or text your name and the word ADVICE to 07766 413219 and an adviser will call you back for free or go to <https://nationalcareersservice.direct.gov.uk/>

