# **Adult Learning - Course Information Sheet**



# **AFH2DN19 - Embroidery For Beginners**

Fletton House - Oundle Start Date: 05 November 2024
End Date: 03 December 2024

Fletton House Start Time: 10:00AM Fletton Way End Time: 12:00PM Glapthorn Road Day: Tuesday

Oundle Sessions: 5

PE8 4JA Room Glapthorne Room Tutor: Mrs Caroline Hawkins

# **UKSPF - Shared Prosperity Fund**

UKSPF aims to level up the whole of the UK by building pride in place, supporting local businesses and people, and skills.

#### Course aim

An Introduction to Embroidery: starting with Sashiko; Japanese running stitch and how this simple running stitch is used to form texture, interest and provide pleasure in its uncomplicated nature and simplicity of use.

A practical stitch course engaging learners in a sewing form that creates pleasure in its simplicity.

#### **Course outcomes**

Using words to enable form and design within a boundary; Sashiko stitch enables its simplicity to shine. We add colour and texture to create interest.

Sashiko Kitty - using a template create shape and form to create a mini kitty plus Bullion and French knots.

Whilst finishing projects, engage in stitch discussion and learn a little of Sashiko stitch development.

### How will the course be taught?

This course will be taught face to face using group and one to one tuition, demonstration and practical activities.

### What do I need to bring / have ready?

All materials provided

## Further support and progression

If you need help whilst on a course with us, our Learner Support Advisor is available to discuss your needs. We offer a range of services, subject to eligibility, which can include practical support and/or financial assistance to ensure you feel fully supported while learning with us. For more information contact alsreferrals@northnorthants.gov.uk or call 01536 535809 (answerphone available). Visit our website <a href="https://www.northamptonshire.gov.uk/course-info">www.northamptonshire.gov.uk/course-info</a> for further information about our fees and concessions. Your tutor will inform you of further learning opportunities and progression during your course.

## **Health and Safety / Online Safety**

Your tutor will give you information about Health and Safety on the first day. For information on how to keep safe online go to <a href="https://safety.lovetoknow.com/Internet\_Safety\_Adult">https://safety.lovetoknow.com/Internet\_Safety\_Adult</a> and <a href="https://takefive-stopfraud.org.uk/">https://takefive-stopfraud.org.uk/</a> national awareness campaign. To report suspected scams, or get help and advice about preventing scams call the Citizens Advice consumer helpline on 03454 04 05 06.

#### **Further Information**

This course is specifically designed to reduce the barriers some people face to employment and support them to move towards employment and education.

Northamptonshire Adult Learning Service work in partnership with National Careers Service advisers who can provide information, advice and guidance on skills, learning and work. National Careers Service can contacted by telephone 0800 100 900 or text your name and the word ADVICE to 07766 413219 and an adviser will call you back for free or go to <a href="https://nationalcareersservice.direct.gov.uk/">https://nationalcareersservice.direct.gov.uk/</a>



