

# Adult Learning - Course Information Sheet



## AFH2DN17 - Dressmaking For Beginners

### Fletton House - Oundle

Fletton House  
Fletton Way  
Glaphorn Road  
Oundle  
PE8 4JA      **Room** Glaphorne Room

Start Date: 17 September 2024  
End Date: 15 October 2024  
Start Time: 10:00AM  
End Time: 12:00PM  
Day: Tuesday  
Sessions: 5  
Tutor: Mrs Caroline Hawkins

### UKSPF - Shared Prosperity Fund

UKSPF aims to level up the whole of the UK by building pride in place, supporting local businesses and people, and skills.

### Course aim

In a tutor led environment learners will be able to begin or re-visit their dressmaking journey. This course encourages learners to become familiar with using a commercial pattern, copying and tracing from multi - patterns. Focus is on building learners' techniques to enable construction of a simple garment. In part one sewing projects include a 'Japanese style wrap apron' and pull-on pants or 'PJ' bottoms. These projects will enable the learner to experience a range of techniques from choosing the right size to make, fabric choice, cutting out and basic finish. In addition to using a sewing machine learners will explore some hand sewing techniques to enable a good finish. We will be using patterns from Lotta Jansdotter Everyday Style: Key Pieces to Sew + Accessories, Styling, and Inspiration.

### Course outcomes

- a) Use a commercial pattern to construct a garment (pattern tracing/copying)
- b) Cut out a garment using a napped fabric (e.g. one way design/needlecord)
- c) Construct samples (flat and French seams, casing)
- d) Recognise the haberdashery required to complete a garment (zip options)
- e) Use the correct finishing processes to complete a garment (hem variations as demonstrated)

### How will the course be taught?

In a face-to-face tutor led environment. Demonstrations, 1:1, handouts, practical work and product samples.

### What do I need to bring / have ready?

All materials provided.

### Further support and progression

If you need help whilst on a course with us, our Learner Support Advisor is available to discuss your needs. We offer a range of services, subject to eligibility, which can include practical support and/or financial assistance to ensure you feel fully supported while learning with us. For more information contact [alsreferrals@northnorthants.gov.uk](mailto:alsreferrals@northnorthants.gov.uk) or call 01536 535809 (answerphone available). Visit our website [www.northamptonshire.gov.uk/course-info](http://www.northamptonshire.gov.uk/course-info) for further information about our fees and concessions. Your tutor will inform you of further learning opportunities and progression during your course.

### Health and Safety / Online Safety

Your tutor will give you information about Health and Safety on the first day. For information on how to keep safe online go to [https://safety.lovetoknow.com/Internet\\_Safety\\_Adult](https://safety.lovetoknow.com/Internet_Safety_Adult) and <https://takefive-stopfraud.org.uk/> national awareness campaign. To report suspected scams, or get help and advice about preventing scams call the Citizens Advice consumer helpline on 03454 04 05 06.

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### Further Information

This course is specifically designed to reduce the barriers some people face to employment and support them to move towards employment and education.

**Northamptonshire Adult Learning Service work in partnership with National Careers Service advisers who can provide information, advice and guidance on skills, learning and work. National Careers Service can be contacted by telephone 0800 100 900 or text your name and the word ADVICE to 07766 413219 and an adviser will call you back for free or go to <https://nationalcareersservice.direct.gov.uk/>**