

# Adult Learning - Course Information Sheet



## ACC3DA70 - Dressmaking For Beginners

### Caroline Chisholm School

Wooldale Road  
Wootton Fields  
Northants

NN4 6TP

Room D4 Textiles

Start Date: 02 November 2022  
End Date: 30 November 2022  
Start Time: 7:00PM  
End Time: 9:00PM  
Day: Wednesday  
Sessions: 5  
Tutor: Mrs Nicola Magee

### Course aim

An introduction to the essential skills needed for successful outcomes in dressmaking projects. Development of new techniques so you can learn something new each week and build confidence in your skills either in a finished garment or a garment specimen.

### Course Outcomes

- A. List the different steps involved in the making of a garment.
- B. Identify different techniques including marking, pressing, accurate cutting, sewing and fitting.
- C. Recognise and differentiate between basic handsewing/machine stitching uses.
- D. Assemble a variety of samples to support future projects.
- E. Demonstrate progression and development on completion of personal project whether it be a finished garment/specimen.

### How will the course be taught?

The course will be taught face-to-face. The tutor will use a mix of demonstrations, participant application and one-to-one learning. There will be a range of samples and hand-outs to support your learning plus weekly emails to recap the teaching.

### What do I need to bring / have ready?

For session 1, you will need to bring a tape measure, notebook and pen, your own sewing machine and a pair of dressmaking scissors. A basic sewing kit will be required during the course but your tutor will inform you of what it should contain during the first session. A dressmaking pattern and suitable fabric will be required at a later date but your tutor will, again, guide you through when these items need to be acquired.

### Further support and progression

If you need help whilst on a course with us, our Learner Support Advisor is available to discuss your needs. We offer a range of services, subject to eligibility, which can include practical support and/or financial assistance to ensure you feel fully supported while learning with us. For more information contact [alsreferrals@northnorthants.gov.uk](mailto:alsreferrals@northnorthants.gov.uk) or call 01604 368023 (answerphone available). Visit our website [www.northamptonshire.gov.uk/course-info](http://www.northamptonshire.gov.uk/course-info) for further information about our fees and concessions. Your tutor will inform you of further learning opportunities and progression during your course.

### Health and Safety / Online Safety

When you enrol, please let us know if you require additional personal support to participate in this course. Your tutor will give you information about Health and Safety on the first day. For information on how to keep safe online go to [https://safety.lovetoknow.com/Internet\\_Safety\\_Adult](https://safety.lovetoknow.com/Internet_Safety_Adult) and <https://takefive-stopfraud.org.uk/> national awareness campaign. To report suspected scams, or get help and advice about preventing scams call the Citizens Advice consumer helpline on 03454 04 05 06.

Northamptonshire Adult Learning Service work in partnership with National Careers Service advisers who can provide information, advice and guidance on skills, learning and work. National Careers Service can be contacted by telephone 0800 100 900 or text your name and the word ADVICE to 07766 413219 and an adviser will call you back for free or go to <https://nationalcareersservice.direct.gov.uk/>

