# **Adult Learning - Course Information Sheet**



## **ACB1CA01 - First Aid Techniques - Basic - Non Cert**

Beanfield Community Centre

Start Date: 14 November 2024
End Date: 14 November 2024

Beanfield Avenue Start Time: 6:00PM End Time: 9:00PM

Corby Day: Thursday

Northants Sessions: 1

NN18 0AX Room Beanfield Community Centre Tutor: Mr David Yarnall

#### Course aim

To understand the four links in the chain of survival. Course not certified

#### **Course outcomes**

- a) Demonstrate the correct positioning for the recovery position
- b) Perform Cardiopulmonary resuscitation (CPR)
- c) State how to deal with bleeding, choking and heart attack

### How will the course be taught?

Simple explanation and demonstration followed by practice.

### What do I need to bring / have ready?

Wear comfortable warm clothing. Notepad and pen. No lipstick to be worn. Water to drink if required.

### Further support and progression

If you need help whilst on a course with us, our Learner Support Advisor is available to discuss your needs. We offer a range of services, subject to eligibility, which can include practical support and/or financial assistance to ensure you feel fully supported while learning with us. For more information contact alsreferrals@northnorthants.gov.uk or call 01536 535809 (answerphone available). Visit our website <a href="https://www.northamptonshire.gov.uk/course-info">www.northamptonshire.gov.uk/course-info</a> for further information about our fees and concessions. Your tutor will inform you of further learning opportunities and progression during your course.

#### **Health and Safety / Online Safety**

Your tutor will give you information about Health and Safety on the first session. For information on how to keep safe online, go to <a href="https://safety.lovetoknow.com/Internet\_Safety\_Adult">https://safety.lovetoknow.com/Internet\_Safety\_Adult</a> and <a href="https://takefive-stopfraud.org.uk/">https://takefive-stopfraud.org.uk/</a> national awareness campaign. To report suspected scams, or for information on preventing scams, call the Citizens Advice on 03454 04 05 06.

Northamptonshire Adult Learning Service work in partnership with National Careers Service advisers who can provide information, advice and guidance on skills, learning and work. National Careers Service can contacted by telephone 0800 100 900 or text your name and the word ADVICE to 07766 413219 and an adviser will call you back for free or go to <a href="https://nationalcareersservice.direct.gov.uk/">https://nationalcareersservice.direct.gov.uk/</a>



