

Adult Learning - Course Information Sheet



AAB6DA02 - First Aid Techniques - Basic

Abington Bowling Club

Abington Bowling Club
12 Park Avenue south
Northampton

NN3 3AA

Room Upstairs Room

Start Date: 02 December 2023
End Date: 02 December 2023
Start Time: 9:00AM
End Time: 12:00PM
Day: Saturday
Sessions: 1
Tutor: Mrs Janet Flowers

Course aim

To understand the four links in the chain of survival

Course outcomes

- a) Demonstrate the correct positioning for the recovery position
- b) Perform Cardiopulmonary resuscitation (CPR)
- c) State how to deal with bleeding, choking and heart attack

How will the course be taught?

Simple explanation and demonstration followed by practice.

What do I need to bring / have ready?

Wear comfortable warm clothing. Notepad and pen.
No lipstick to be worn.
Water to drink if required.

Further support and progression

If you need help whilst on a course with us, our Learner Support Advisor is available to discuss your needs. We offer a range of services, subject to eligibility, which can include practical support and/or financial assistance to ensure you feel fully supported while learning with us. For more information contact alsreferrals@northnorthants.gov.uk or call 01604 368023 (answerphone available). Visit our website www.northamptonshire.gov.uk/course-info for further information about our fees and concessions. Your tutor will inform you of further learning opportunities and progression during your course.

Health and Safety / Online Safety

Your tutor will give you information about Health and Safety on the first session. For information on how to keep safe online, go to https://safety.lovetoknow.com/Internet_Safety_Adult and <https://takefive-stopfraud.org.uk/> national awareness campaign. To report suspected scams, or for information on preventing scams, call the Citizens Advice on 03454 04 05 06.

Northamptonshire Adult Learning Service work in partnership with National Careers Service advisers who can provide information, advice and guidance on skills, learning and work. National Careers Service can be contacted by telephone 0800 100 900 or text your name and the word ADVICE to 07766 413219 and an adviser will call you back for free or go to <https://nationalcareersservice.direct.gov.uk/>

