

Adult Learning - Course Information Sheet



SRA904CZ - Reiki - Introduction

Caroline Chisholm School

Wooldale Road
Wootton Fields
Northants

NN4 6TP

Room C22

Start Date: 06 January 2018
End Date: 06 January 2018
Start Time: 10:00AM
End Time: 3:00PM
Day: Saturday
Sessions: 1
Tutor: Ms Julie Dove

Course aim

To introduce learners to the practice of Reiki by examining its principles so that learners may practise Reiki with family and friends. This course may be unsuitable for individuals with certain conditions. Please check with your tutor.

Course outcomes

- a) Discuss the history of Reiki
- b) Recognise the principles of Reiki
- c) Recognise the benefits of Reiki
- d) Practice channelling Reiki energy

How will the course be taught?

PowerPoint presentations, handouts, demonstrations, discussion and practical activity. This course is intended for recreational purposes only and its content is not underpinned by scientific research.

What do I need to bring / have ready?

Wet wipes or hand sanitizer. An open mind. Your completed Health questionnaire. A drink of water and lunch.

Further support and progression

If you need help whilst on a course with us, our Learner Support Advisor is available to discuss your needs. We offer a range of services, subject to eligibility, which can include practical support and/or financial assistance to ensure you feel fully supported while learning with us. For more information contact alsreferrals@northnorthants.gov.uk or call 01536 535809 (answerphone available). Visit our website <https://www.northnorthants.gov.uk/adult-learning/fees-and-refunds> for further information about our fees and concessions. Your tutor will inform you of further learning opportunities and progression during your course.

Health and Safety / Online Safety

Your tutor will give you information about Health and Safety on the first session. To report suspected scams, or for information on preventing scams, call the Citizens Advice on 03454 04 05 06.

Further information

In order to show progression throughout the course, it may be necessary to use video or digital cameras during the lesson. Your course induction should cover any further information you may require. Also, handouts are available on <http://www.nals.org.uk/learner/>

The completion of the Health Questionnaire is mandatory prior to the start of your course. Please take the completed form to your first session.

Northamptonshire Adult Learning Service work in partnership with National Careers Service advisers who can provide information, advice and guidance on skills, learning and work. National Careers Service can be contacted by telephone 0800 100 900 or text your name and the word ADVICE to 07766 413219 and an adviser will call you back for free or go to <https://nationalcareersservice.direct.gov.uk/>

