

# Adult Learning - Course Information Sheet



## SAC905CA - Archery For Beginners

### Montsaye Community Sports Centre

Montsaye Community Sports Cent  
Greening Road  
Rothwell  
Kettering  
NN14 6BB

Start Date: 16 March 2019  
Start Time: 12:00  
Day: Saturday  
Weeks: 1  
Hours: 6  
Cost: F=£49.20; R=£49.20  
Tutor: Mr Tim Bull

### Aims

To give the learners an understanding of the theoretical, practical and historic aspects of archery.

### Outcomes

- State the etiquette of archery
- Load and shoot at least 6 arrows
- Add the total of arrows shot in any one round
- State the importance of health and safety whilst removing arrows

### How

Practical demonstration, on-hands teaching and theory. Historic culture.

### Qualification

None required.

### Bring

Waterproof clothing/windproof clothing (close fitting) if you are attending an outside course, dependent upon weather. Close fitting clothing suitable for indoor venue. Light lunch and drink.

### Next Steps

You can discuss your requirements with your tutor towards the end of your course.

### Health and Safety

Your tutor will give you information about H&S as part of your course induction. Completion of activity questionnaire is mandatory prior to the start of your course. It is advisable not to wear jewellery whilst partaking in this activity.

### Information

Further courses/clubs and training are available via Northamptonshire Sport- visit their website for more details <http://www.northamptonshiresport.org/sports>

**As part of our Information, advice and guidance service we are able to offer you an interview with a National Careers Service advisor to explore further learning, careers advice and volunteering opportunities. To register your interest, please contact: [CommunityLearning@firstforwellbeing.co.uk](mailto:CommunityLearning@firstforwellbeing.co.uk)**

