

Adult Learning - Course Information Sheet

ARA911CJ - Advanced Reiki Techniques

Abington Bowling Club

Abington Bowling Club
12 Park Avenue S
Northampton

NN3 3AA

Start Date: 08 December 2018
Start Time: 10:00
Day: Saturday
Weeks: 1
Hours: 6
Cost: F=£49.20; R=£49.20
Tutor: Ms Caroline Izzard

Aims

This session gives Reiki practitioners the chance to explore some of the deeper techniques within the art. It is also a chance to review some of the techniques taught at earlier stages and to deepen your practice.

Outcomes

- Explore some of the more recent finds about Reiki - historical and scientific research through group discussion
- Review and update your self-care routine
- Identify one aspect of practice you would like to develop
- Cultivate Reiki Meditation appropriate for your personal development and progression

How

Verbal instruction, practical demonstration. Active participation. Group, pair and solo work. Handouts. Books. Audiovisual.

Qualifications

No.

Bring

Water to drink. Notebook and pen. Any items particular to your practice. Lunch.

Next

Other Beauty and Complimentary Therapy Courses

Health & Safety

Information

Please bring your Reiki certificate with you.

As part of our Information, advice and guidance service we are able to offer you an interview with a National Careers Service advisor to explore further learning, careers advice and volunteering opportunities. To register your interest, please contact: CommunityLearning@firstforwellbeing.co.uk

